

Neil Steven Alex, M.D..
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Office - (619) 221-6101
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Date of Birth November 4, 1945
U.S.. Citizenship
Married

Medical Licensure: California

Board Certification: American Board of Psychiatry and Neurology 1979

National Board of Medical Examiners 1971

EDUCATION

College: Yale University, New Haven, CT - 1963-66 B. A. - Biology - cum laude

Medical School: Washington University School of Medicine, St. Louis, MO 1966-70 - M.D..

Internship: Yale New Haven Hospital, CT 1970-71 Pediatrics

Residency: Adult Psychiatry - Yale University, 1973-75

Child Psychiatry - Washington University. 1975-77
Chief Fellow 1976-77

MILITARY SERVICE:

USPHS Clinic, San Pedro, CA - 1971-73

- general medical officer with responsibility for pediatric and allergy clinic
- Surgeon, USPHS, (Reserve)

PROFESSIONAL EXPERIENCE:

1978-Present Staff Child Psychiatrist Kaiser Permanente

1991-2003 Assistant Chief of Psychiatry and Addiction Medicine, Kaiser San Diego

1981 Physician-in-Charge, Home Health Agency, Department of Psychosocial Services

1978-1981 :Coordinator, Child and Adolescent Psychotherapy Section Kaiser Permanente Department of Psychosocial Services, San Diego

Job Description: Administrative responsibility for a unit consisting of 2 child psychiatrists, 3 clinical psychologists(Ph.D..) and 9 psychiatric social workers (L.C.S.W.) Annual. budget: Approximately \$550,000. Duties include clinical supervision and consultation, coordination and provision of consultation to medical providers and an individual psychiatric practice within Kaiser-Permanente, as well as program planning and development.

1977-1978: Private practice, St. Louis, Missouri

SPECIAL INTERESTS:

Consultation liaison psychiatry, with emphasis upon the impact of chronic illness on children and their families.

Liaison Psychiatrist - Hemodialysis Unit, Yale New Haven Medical Center,. 1974-1975 Consultation Service - Yale New Haven Hospital July - December 1974.

Consultant Screening Division, Drug Dependency Unit, Connecticut Mental Health Center, New Haven, CT 1975.

Liaison Psychiatrist - Hemodialysis Unit, St. Louis Children's Hospital, 1975 - 1978. Consultation Service. January-March 1976.

Medical Advisory Board - Kidney Foundation of Eastern Missouri and Metro-East,, 1975 - 1978

Psychiatry Representative - End Stage Renal Disease Network Coordinating Council, Region 9, 1975 - 1978

Psychiatrist - Pediatric Neuropsychiatry Clinic Kaiser-Permanente, 1978 - 1990

Psychiatrist - Pediatric Nephrology Clinic Kaiser-Permanente , 1978 - 1982

DISCUSSION GROUP LEADER:

Sexuality in Patients on Hemodialysis at the American Association of Nephrology Nurses and Technicians, 1975

SEMINAR LEADER For the Seminar on the Chronically Ill Patient, Fall, 1974 -

an interdisciplinary seminar at Yale in which students in medicine, law, divinity, nursing and public health meet individually with chronically ill patients, and then with seminar leaders in interdisciplinary groups to discuss this experience.

PRESENTATION:

“The Impact of End Stage Renal Disease on the Young Adult”, North Central Dialysis and Transplantation Association Meetings, October, 1977

PARENT SEMINAR:

The Psychological Implications of Severe Developmental Disability in Children, October, 1977 for parents involved with the Washington University Physical Rehabilitation Program

ACADEMIC APPOINTMENTS: Clinical Instructor, Child Psychiatry Washington University, 1977-78

PUBLICATIONS:

1. Silver, H., Sonnenwirth, A.C. , and Alex, N., Brit. J. Clinical Pathology 19:583-8 November 1966. Modifications in the fluorescence microscopy technique as applied to identification, of acid fast bacilli in tissue and bacteriological material.
2. Alex, N., Dialysis and Transplantation, May 1978. The Impact of End Stage Renal Disease on the Young Adult.
3. Hypertext and Psychiatry, MedInfo 1989 Beijing ,China
4. Reviewer for JAMA in computers and psychiatry

AWARDS:

Lange Medical Publications Book Award, 1970
for high scholastic standing and achievement in research as a medical student.

INTERESTS:

Martial Arts since 1968

Bronze Medal, World Masterathlete Judo Tournament M6 (55-60) 81 KG 2001

Silver Medal, Pan-American Masterathlete Judo Tournament M6 81 KG 2003

Bronze Medal, U.S.. National Judo Championships Masters M6 81 KG 2004

Judo Sandan (third degree black belt)

